

**Week 8: Connecting to and Building Relationships with Rainbow, Crystal and Color Faeries- Exploring and Learning About the Healing Properties of Plants through Herbalism**

**Dates: July 21-25, 2025**

**7/21/25, Day 1**

**9-9:45am: Faeries and Earth Warriors arrive and get Faerified**  
(face paint, costumes, wands, wings and other magical things)

**9:45-10:15am: Faery Ring Circle:** Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust

**10:15-11am:** Free play and snack

**11-11:30am: Faery/Earth Warrior Activity:** Go on a rainbow color hunt hike

**11:30-12pm: Free Play**

**12-12:30pm: Lunch and Free Play**

**12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools**

**12:45-1:15pm: Nature Connection Activity:** Exploring the origins and properties of crystals

**1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party**

**1:45-2pm: Closing Circle: Daily Reflections and Gratitudes**

**2pm: Pick-Up**

**7/22/25, Day 2:**

**9-9:45am: Faeries and Earth Warriors arrive and get Faerified**  
(face paint, costumes, wands, wings and other magical things)

**9:45-10:15am: Faery Ring Circle:** Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust

**10:15-11am: Free play and snack**

**11-11:30am: Faery/Earth Warrior Activity: Faery Herbalism**

**Puppet show-** Learn about the healing power of plants and plant medicine. Make own herbal bug spray to take home

**11:30-12pm: Free Play**

**12-12:30pm: Lunch and Free Play**

**12:30-12:45pm: Story time/meditation/emotional self-regulation/  
empowerment tools**

**12:45-1:15pm: Nature Connection Activity:** Go on a native plant identification and medicinal usage walk; make herbal tea from native plants

**1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party**

**1:45-2pm: Closing Circle: Daily Reflections and Gratitudes**

**2pm: Pick-Up**

**7/23/25, Day 3:**

**9-9:45am: Faeries and Earth Warriors arrive and get Faerified**  
(face paint, costumes, wands, wings and other magical things)

**9:45-10:15am: Faery Ring Circle:** Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust!

**10:15-11am: Free play and snack**

**11-11:30am: Faery/Earth Warrior Activity:** Lead children through guided Rainbow Faery Meditation and make Rainbow Faery and Earth Warrior Crowns

**11:30-12pm: Free Play**

**12-12:30pm: Lunch and Free Play**

**12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools**

**12:45-1:15pm: Faery/Earth Warrior Activity:** Learn about the different energy centers and how different crystals can help the body

**1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party**

**1:45-2pm: Closing Circle: Daily Reflections and Gratitudes**

**2pm: Pick-Up**

**8/7/25, Day 4:**

**9-9:45am: Faeries and Earth Warriors arrive and get Faerified**  
(face paint, costumes, wands, wings and other magical things)

**9:45-10:15am: Faery Ring Circle:** Sing, Guided Faery Meditation, Faery Cards and Faery Wishes with Faery Dust!

**10:15-11am: Free play and snack**

**11-11:30: Faery/Earth Warrior Activity:** Create a Rainbow Faery Collage

**12-12:30pm: Lunch and Free Play**

**12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools**

**12:45-1:15pm: Nature Connection Activity:** Explore rainbow colors of fruits and veggies; make community rainbow salad to enjoy together

**1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party**

**1:45-2pm: Closing Circle: Daily Reflections and Gratitudes**

**2pm: Pick-Up**

**8/8/18 Day 5:**

**9-9:45am: Faeries and Earth Warriors arrive and get Faerified**

(face paint, costumes, wands, wings and other magical things)

**9:45-10:15am: Faery Ring Circle:** Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust!

**10:15-11am:** Free play and snack

**11-11:30am: Faery/Earth Warrior Activity: Rainbow Yoga**

**11:30-12pm: Free Play**

**12-12:30pm: Lunch and Free Play**

**12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools**

**12:45-1:15pm: Faery/Earth Warrior Activity:** Make Faery and Earth Warrior Make rainbow beaded bracelets

**1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party**

**1:45-2pm: Closing Circle: Daily Reflections and Gratitudes**

**2pm: Pick-Up**