

Session 11: Fun With Faery Friends, What It Means to be a Good Friend to Ourselves and Others

Dates: August 11-15, 2025

8/11/25, Day 1:

9-9:45am: Faeries and Earth Warriors arrive and get Faerified
(face paint, costumes, wands, wings and other magical things)

9:45-10:15am: Faery Ring Circle: Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust

10:15-11am: Free play and snack

11-11:30am: Faery/Earth Warrior Activity: Yoga - Faery Friends Magical Yoga Adventure

11:30-12pm: Free Play

12-12:30pm: Lunch and Free Play

12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools

12:45-1:15pm: Nature Connection Activity: Make gifts for the faeries using natural materials

1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party

1:45-2pm: Closing Circle: Daily Reflections and Gratitudes

2pm: Pick-Up

8/12/25, Day 2:

9-9:45am: Faeries and Earth Warriors arrive and get Faerified
(face paint, costumes, wands, wings and other magical things)

9:45-10:15am: Faery Ring Circle: Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust

10:15-11am: Free play and snack

11-11:30am: Faery/Earth Warrior Activity: Explore what makes a good friend and how we can be good friends to ourselves and others. Friendship tree craft

11:30-12pm: Free Play

12-12:30pm: Lunch and Free Play

12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools

12:45-1:15pm: Nature Connection Activity: Learn about plant friends (companion planting) and take 2 plant friends home to plant in your own garden

1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party

1:45-2pm: Closing Circle: Daily Reflections and Gratitudes

2pm: Pick-Up

8/13/25 Day 3:

9-9:45am: Faeries and Earth Warriors arrive and get Faerified
(face paint, costumes, wands, wings and other magical things)

9:45-10:15am: Faery Ring Circle: Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust

10:15-11am: Free play and snack

11-11:30am: Faery/Earth Warrior Activity: Make friendship bracelets

11:30-12pm: Free Play

12-12:30pm: Lunch and Free Play

12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools

12:45-1:15pm: Nature Connection Activity: How can we be a good friend to the earth. Draw our ideas

1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party

1:45-2pm: Closing Circle: Daily Reflections and Gratitudes

2pm: Pick-Up

8/14/25, Day 4:

9-9:45am: Faeries and Earth Warriors arrive and get Faerified (face paint, costumes, wands, wings and other magical things)

9:45-10:15am: Faery Ring Circle: Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust

10:15-11am: Free play and snack

11-11:30am: Faery/Earth Warrior Activity: Friendship yoga

11:30-12pm: Free Play

12-12:30pm: Lunch and Free Play

12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools

12:45-1:15pm: Nature Connection Activity: Sit Spot- Sit and draw what you see and love about the earth

1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party

1:45-2pm: Closing Circle: Daily Reflections and Gratitudes

2pm: Pick-Up

8/15/25 Day 5:

9-9:45am: Faeries and Earth Warriors arrive and get Faerified (face paint, costumes, wands, wings and other magical things)

9:45-10:15am: Faery Ring Circle: Sing Songs, Guided Faery Meditation, Faery and Unicorn Oracle Cards and Faery Wishes with Faery Dust

10:15-11am: Free play and snack

11-11:30am: Faery/Earth Warrior Activity: Create a magical song about the faeries and their friends

11:30-12pm: Free Play

12pm-12:30pm: Lunch and Free Play

12:30-12:45pm: Story time/meditation/emotional self-regulation/empowerment tools

12:45-1:15pm: Nature Connection Activity: Make faery houses for faeries and sing songs to the earth

1:15- 1:45pm: Games/Free Time/Water Play/Bubble Dance Party

1:45-2pm: Closing Circle: Daily Reflections and Gratitudes

2pm: Pick-Up